

Kompisstafetten

Samnanger IL. Totræna

10.05.09

Strekktider for 1

Rank	Tid	Navn	Klubb						
1	17:18	Vonen, Magnus Njølstad	Varegg Fleridrett						
00:57=	02:51=	05:23=	07:13=	08:18=	12:16=	14:47=	15:49=	16:45=	17:18=
00:57=	01:54=	02:32=	01:50=	01:05=	03:58=	02:31=	01:02=	00:56=	00:33=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	17:24	Hovden, Brage	Stord IL						
00:58+	03:15+	05:51+	07:43+	08:46+	12:16=	14:47=	15:50+	16:50+	17:24+
00:58+	02:17+	02:36+	01:52+	01:03-	03:30-	02:31=	01:03+	01:00+	00:34+
00:01+	00:23#	00:04+	00:02+	00:02-	00:28-	00:00=	00:01+	00:04+	00:01+
3	17:54	Slangen, Paul	Gular, IL						
01:17+	03:12+	05:16-	07:14+	08:22+	11:53-	14:28-	16:03+	17:20+	17:54+
01:17+	01:55+	02:04-	01:58+	01:08+	03:31-	02:35+	01:35+	01:17+	00:34+
00:20&	00:01+	00:28-	00:08+	00:03+	00:27-	00:04+	00:33&	00:21&	00:01+
4	18:23	Søreide, Adrian	Bergens TF						
01:03+	02:56+	05:58+	07:46+	08:54+	13:08+	15:46+	16:55+	17:52+	18:23+
01:03+	01:53-	03:02+	01:48-	01:08+	04:14+	02:38+	01:09+	00:57+	00:31-
00:06#	00:01-	00:30#	00:02-	00:03+	00:16+	00:07+	00:07#	00:01+	00:02-
5	18:31	Eikner, Jacob	Fana IL						
01:02+	03:06+	05:19-	07:19+	08:25+	11:41-	14:03-	17:05+	17:59+	18:31+
01:02+	02:04+	02:13-	02:00+	01:06+	03:16-	02:22-	03:02+	00:54-	00:32-
00:05+	00:10+	00:19-	00:10+	00:01+	00:42-	00:09-	02:00@	00:02-	00:01-
6	19:07	Wedøe, Lise	Varegg Fleridrett						
01:03+	03:15+	05:34+	07:36+	10:00+	13:42+	16:30+	17:33+	18:30+	19:07+
01:03+	02:12+	02:19-	02:02+	02:24+	03:42-	02:48+	01:03+	00:57+	00:37+
00:06#	00:18#	00:13-	00:12#	01:19@	00:16-	00:17#	00:01+	00:01+	00:04#
7	19:25	Rognsvåg, Ingunn	Fana IL						
01:07+	03:34+	06:18+	08:42+	09:54+	13:40+	16:34+	18:03+	18:57+	19:25+
01:07+	02:27+	02:44+	02:24+	01:12+	03:46-	02:54+	01:29+	00:54-	00:28-
00:10#	00:33&	00:12+	00:34&	00:07#	00:12-	00:23#	00:27&	00:02-	00:05-
8	19:35	Claussen, Sander	Fana IL						
01:11+	03:42+	06:04+	08:24+	09:34+	13:28+	16:25+	17:50+	19:01+	19:35+
01:11+	02:31+	02:22-	02:20+	01:10+	03:54-	02:57+	01:25+	01:11+	00:34+
00:14#	00:37&	00:10-	00:30&	00:05+	00:04-	00:26#	00:23&	00:15&	00:01+
9	20:14	Hellen, Mads	Viking, TIF						

01:08+ 03:10+ 06:26+ 08:38+ 09:46+ 13:40+ 16:08+ 17:48+ 19:40+ 20:14+
01:08+ 02:02+ 03:16+ 02:12+ 01:08+ 03:54- 02:28- 01:40+ 01:52+ 00:34+
00:11# 00:08+ 00:44& 00:22# 00:03+ 00:04- 00:03- 00:38& 00:56& 00:01+

10 20:39 Westli, Rolf Robin Gneist, IL

01:09+ 03:08+ 05:38+ 09:59+ 11:06+ 15:05+ 17:44+ 19:00+ 20:02+ 20:39+
01:09+ 01:59+ 02:30- 04:21+ 01:07+ 03:59+ 02:39+ 01:16+ 01:02+ 00:37+
00:12# 00:05+ 00:02- 02:31@ 00:02+ 00:01+ 00:08+ 00:14# 00:06# 00:04#

11 20:48 Brandt, Bjarte Gular, IL

01:11+ 03:32+ 07:24+ 09:43+ 10:45+ 14:36+ 17:00+ 18:14+ 20:15+ 20:48+
01:11+ 02:21+ 03:52+ 02:19+ 01:02- 03:51- 02:24- 01:14+ 02:01+ 00:33=
00:14# 00:27# 01:20& 00:29& 00:03- 00:07- 00:07- 00:12# 01:05@ 00:00=

12 20:48 Søvik, Sigrid Gneist, IL

01:00+ 03:17+ 06:23+ 08:35+ 09:43+ 14:15+ 17:34+ 18:51+ 20:15+ 20:48+
01:00+ 02:17+ 03:06+ 02:12+ 01:08+ 04:32+ 03:19+ 01:17+ 01:24+ 00:33=
00:03+ 00:23# 00:34# 00:22# 00:03+ 00:34# 00:48& 00:15# 00:28& 00:00=

13 21:22 Skar, Erlend Kristiansen Samnanger IL

01:13+ 03:39+ 06:20+ 08:55+ 10:07+ 14:22+ 17:31+ 18:46+ 20:37+ 21:22+
01:13+ 02:26+ 02:41+ 02:35+ 01:12+ 04:15+ 03:09+ 01:15+ 01:51+ 00:45+
00:16& 00:32& 00:09+ 00:45& 00:07# 00:17+ 00:38& 00:13# 00:55& 00:12&

14 21:42 Aadland, Odin Samnanger IL

01:07+ 04:03+ 07:03+ 09:21+ 10:46+ 15:23+ 18:39+ 19:52+ 21:08+ 21:42+
01:07+ 02:56+ 03:00+ 02:18+ 01:25+ 04:37+ 03:16+ 01:13+ 01:16+ 00:34+
00:10# 01:02& 00:28# 00:28& 00:20& 00:39# 00:45& 00:11# 00:20& 00:01+

15 21:48 Damm, Sondre Viking, TIF

01:03+ 03:13+ 09:22+ 11:37+ 12:58+ 16:30+ 19:08+ 20:20+ 21:18+ 21:48+
01:03+ 02:10+ 06:09+ 02:15+ 01:21+ 03:32- 02:38+ 01:12+ 00:58+ 00:30-
00:06# 00:16# 03:37@ 00:25# 00:16# 00:26- 00:07+ 00:10# 00:02+ 00:03-

16 21:59 Oldervoll, Maria H Fana IL

01:20+ 03:45+ 06:45+ 09:17+ 10:30+ 14:44+ 18:54+ 20:16+ 21:19+ 21:59+
01:20+ 02:25+ 03:00+ 02:32+ 01:13+ 04:14+ 04:10+ 01:22+ 01:03+ 00:40+
00:23& 00:31& 00:28# 00:42& 00:08# 00:16+ 01:39& 00:20& 00:07# 00:07#

17 22:07 Femsteinvik, Otto Strand-Ulv, IL

01:29+ 04:02+ 06:31+ 09:00+ 10:27+ 15:12+ 18:29+ 20:04+ 21:22+ 22:07+
01:29+ 02:33+ 02:29- 02:29+ 01:27+ 04:45+ 03:17+ 01:35+ 01:18+ 00:45+
00:32& 00:39& 00:03- 00:39& 00:22& 00:47# 00:46& 00:33& 00:22& 00:12&

18 22:09 Aadland, Ida Johanne Samnanger IL

01:13+ 04:19+ 07:33+ 10:07+ 11:19+ 15:36+ 19:00+ 20:28+ 21:32+ 22:09+
01:13+ 03:06+ 03:14+ 02:34+ 01:12+ 04:17+ 03:24+ 01:28+ 01:04+ 00:37+
00:16& 01:12& 00:42& 00:44& 00:07# 00:19+ 00:53& 00:26& 00:08# 00:04#

19 22:18 Ottesen, Kristiane Varegg Fleridrett

01:23+ 04:14+ 08:12+ 10:35+ 11:51+ 16:31+ 19:54+ 21:40+ 22:51+ 23:35+
01:23+ 02:51+ 03:58+ 02:23+ 01:16+ 04:40+ 03:23+ 01:46+ 01:11+ 00:44+
00:26& 00:57& 01:26& 00:33& 00:11# 00:42# 00:52& 00:44& 00:15& 00:11&

20 22:18 Tørnquist, Julie Fana IL

01:51+ 06:56+ 12:50+ 16:20+ 18:46+ 26:42+ 34:15+ 36:48+ 39:24+ 40:47+
01:51+ 05:05+ 05:54+ 03:30+ 02:26+ 07:56+ 07:33+ 02:33+ 02:36+ 01:23+
00:54& 03:11@ 03:22@ 01:40& 01:21@ 03:58& 05:02@ 01:31@ 01:40@ 00:50@

21 22:18 Blaasvær, Maja Bergens TF

01:48+ 05:28+ 09:54+ 13:29+ 15:11+ 20:00+ 24:16+ 25:38+ 27:06+ 27:45+
01:48+ 03:40+ 04:26+ 03:35+ 01:42+ 04:49+ 04:16+ 01:22+ 01:28+ 00:39+
00:51& 01:46& 01:54& 01:45& 00:37& 00:51# 01:45& 00:20& 00:32& 00:06#

22 22:18 Tysvær, Gunhild Varegg Fleridrett

01:19+ 04:24+ 08:18+ 10:34+ 12:05+ 16:57+ 20:19+ 21:40+ 26:17+ 27:01+
01:19+ 03:05+ 03:54+ 02:16+ 01:31+ 04:52+ 03:22+ 01:21+ 04:37+ 00:44+
00:22& 01:11& 01:22& 00:26# 00:26& 00:54# 00:51& 00:19& 03:41@ 00:11&

23 22:18 Aadland, Isak Samnanger IL

01:21+ 04:30+ 07:29+ 10:16+ 11:54+ 17:33+ 20:43+ 22:10+ 23:20+ 23:56+
01:21+ 03:09+ 02:59+ 02:47+ 01:38+ 05:39+ 03:10+ 01:27+ 01:10+ 00:36+
00:24& 01:15& 00:27# 00:57& 00:33& 01:41& 00:39& 00:25& 00:14# 00:03+

24 22:18 Oldervoll, Solveig H Fana IL

01:21+ 03:58+ 07:02+ 11:12+ 12:22+ 16:14+ 19:10+
01:21+ 02:37+ 03:04+ 04:10+ 01:10+ 03:52- 02:56+
00:24& 00:43& 00:32# 02:20@ 00:05+ 00:06- 00:25#

25 22:18 Westerheim, Victoria Stord IL

01:19+ 04:06+ 07:37+ 09:55+ 11:24+ 16:12+ 19:22+ 20:48+ 21:54+ 22:35+
01:19+ 02:47+ 03:31+ 02:18+ 01:29+ 04:48+ 03:10+ 01:26+ 01:06+ 00:41+
00:22& 00:53& 00:59& 00:28& 00:24& 00:50# 00:39& 00:24& 00:10# 00:08#

26 24:11 Vikane, Simen Fana IL

01:23+ 03:43+ 06:08+ 08:14+ 09:17+ 13:57+ 16:25+
01:23+ 02:20+ 02:25- 02:06+ 01:03- 04:40+ 02:28-
00:26& 00:26# 00:07- 00:16# 00:02- 00:42# 00:03-

27 26:40 Skar, Sindre Samnanger IL

02:08+ 04:57+ 08:36+ 11:38+ 13:18+ 18:27+ 22:41+ 24:49+ 25:59+ 26:40+
02:08+ 02:49+ 03:39+ 03:02+ 01:40+ 05:09+ 04:14+ 02:08+ 01:10+ 00:41+
01:11@ 00:55& 01:07& 01:12& 00:35& 01:11& 01:43& 01:06@ 00:14# 00:08#

Best split for this class

00:57 01:53 02:04 01:48 01:02 03:16 02:22 01:02 00:54 00:28

= Same time as class winner, - Faster + slower # 10% more loss & 25% more loss @ 100% more loss

Hjemmeside: Samnanger IL Kontakt e-post adresse: helgeme@gmail.com

10.05.09 20:44:46 eTiming versjon 3.0 Emit as

Lisensen tilhører: SAMNANGER IL

Kompisstaffetten

Samnanger IL. Totræna

10.05.09

Strekktider for 2

Rank	Tid	Navn	Klubb						
1	07:38	Vikingsen, Camilla	Viking, TIF						
2	24:55	Vonen, Rasmus Njøstad	Varegg Fleridrett						
03:12+	05:30+	08:18+	10:46+	12:22+	14:59+	19:17+	22:53+	24:25+	24:55+
03:12+	02:18+	02:48+	02:28+	01:36+	02:37+	04:18+	03:36+	01:32+	00:30+
03:12	02:18	02:48	02:28	01:36	02:37	04:18	03:36	01:32	00:30
3	25:00	Alvheim, Atle	Fana IL						
03:23+	05:52+	08:15+	10:43+	12:40+	15:26+	19:56+	22:35+	24:22+	25:00+
03:23+	02:29+	02:23+	02:28+	01:57+	02:46+	04:30+	02:39+	01:47+	00:38+
03:23	02:29	02:23	02:28	01:57	02:46	04:30	02:39	01:47	00:38
4	25:23	Dyrstad, Andre	Gneist, IL						
5	25:47	Westergård, Vegard Jarvis	Varegg Fleridrett						
02:55+	05:05+	07:39+	10:47+	12:29+	15:01+	19:05+	21:57+	25:12+	25:47+
02:55+	02:10+	02:34+	03:08+	01:42+	02:32+	04:04+	02:52+	03:15+	00:35+
02:55	02:10	02:34	03:08	01:42	02:32	04:04	02:52	03:15	00:35
6	26:48	Standal, Eivind	Bergens TF						
03:04+	05:35+	08:16+	10:48+	12:41+	15:33+	21:21+	24:28+	26:06+	26:48+
03:04+	02:31+	02:41+	02:32+	01:53+	02:52+	05:48+	03:07+	01:38+	00:42+
03:04	02:31	02:41	02:32	01:53	02:52	05:48	03:07	01:38	00:42
7	26:53	Femsteinvik, Ragnhild	Strand-Ulv, IL						
03:18+	06:06+	08:54+	11:28+	13:56+	16:58+	21:39+	24:20+	26:18+	26:53+
03:18+	02:48+	02:48+	02:34+	02:28+	03:02+	04:41+	02:41+	01:58+	00:35+
03:18	02:48	02:48	02:34	02:28	03:02	04:41	02:41	01:58	00:35
8	27:12	Vold, Per	Fana IL						
03:19+	06:16+	08:49+	11:40+	13:38+	16:36+	21:54+	24:40+	26:30+	27:12+
03:19+	02:57+	02:33+	02:51+	01:58+	02:58+	05:18+	02:46+	01:50+	00:42+
03:19	02:57	02:33	02:51	01:58	02:58	05:18	02:46	01:50	00:42
9	27:34	Vonen, Maria Njølstad	Varegg Fleridrett						
03:12+	05:43+	08:17+	11:21+	13:26+	16:33+	21:28+	24:32+	26:57+	27:34+
03:12+	02:31+	02:34+	03:04+	02:05+	03:07+	04:55+	03:04+	02:25+	00:37+
03:12	02:31	02:34	03:04	02:05	03:07	04:55	03:04	02:25	00:37

10 28:47 Vikane, Per Fana IL

03:39+ 06:40+ 09:28+ 12:21+ 14:30+ 17:39+ 22:28+ 25:52+ 28:07+ 28:47+
03:39+ 03:01+ 02:48+ 02:53+ 02:09+ 03:09+ 04:49+ 03:24+ 02:15+ 00:40+
03:39 03:01 02:48 02:53 02:09 03:09 04:49 03:24 02:15 00:40

11 29:02 Johansen, Tore Eirik Havnen Bergens TF

03:11+ 07:26+ 10:54+ 13:45+ 15:26+ 18:19+ 24:00+ 26:49+ 28:36+ 29:02+
03:11+ 04:15+ 03:28+ 02:51+ 01:41+ 02:53+ 05:41+ 02:49+ 01:47+ 00:26+
03:11 04:15 03:28 02:51 01:41 02:53 05:41 02:49 01:47 00:26

12 29:38 Knutsen, Egil Viking, TIF

03:30+ 06:29+ 09:39+ 12:45+ 15:01+ 18:13+ 23:29+ 26:20+ 28:52+ 29:38+
03:30+ 02:59+ 03:10+ 03:06+ 02:16+ 03:12+ 05:16+ 02:51+ 02:32+ 00:46+
03:30 02:59 03:10 03:06 02:16 03:12 05:16 02:51 02:32 00:46

13 29:56 Rognsvåg, Elise Fana IL

04:05+ 06:55+ 09:51+ 13:01+ 15:12+ 18:58+ 24:09+ 27:17+ 29:17+ 29:56+
04:05+ 02:50+ 02:56+ 03:10+ 02:11+ 03:46+ 05:11+ 03:08+ 02:00+ 00:39+
04:05 02:50 02:56 03:10 02:11 03:46 05:11 03:08 02:00 00:39

14 30:00 Gjesdal, Wenche Varegg Fleridrett

03:41+ 06:31+ 09:32+ 12:46+ 15:03+ 18:26+ 24:24+ 27:19+ 29:16+ 30:00+
03:41+ 02:50+ 03:01+ 03:14+ 02:17+ 03:23+ 05:58+ 02:55+ 01:57+ 00:44+
03:41 02:50 03:01 03:14 02:17 03:23 05:58 02:55 01:57 00:44

15 30:18 Tangen, Per Olaf Fana IL

03:44+ 06:51+ 09:53+ 13:00+ 15:17+ 19:05+ 24:25+ 27:35+ 29:37+ 30:18+
03:44+ 03:07+ 03:02+ 03:07+ 02:17+ 03:48+ 05:20+ 03:10+ 02:02+ 00:41+
03:44 03:07 03:02 03:07 02:17 03:48 05:20 03:10 02:02 00:41

16 31:39 Linga, Mai Gular, IL

03:45+ 06:56+ 10:10+ 13:28+ 15:51+ 19:21+ 25:36+ 28:44+ 31:00+ 31:39+
03:45+ 03:11+ 03:14+ 03:18+ 02:23+ 03:30+ 06:15+ 03:08+ 02:16+ 00:39+
03:45 03:11 03:14 03:18 02:23 03:30 06:15 03:08 02:16 00:39

17 32:09 Røen, Henrik Samnanger IL

03:58+ 07:04+ 10:05+ 13:08+ 15:35+ 19:13+ 25:14+ 28:41+ 31:23+ 32:09+
03:58+ 03:06+ 03:01+ 03:03+ 02:27+ 03:38+ 06:01+ 03:27+ 02:42+ 00:46+
03:58 03:06 03:01 03:03 02:27 03:38 06:01 03:27 02:42 00:46

18 32:23 Greve, Siri Bergens TF

03:38+ 06:38+ 09:26+ 13:44+ 15:55+ 19:11+ 25:57+ 29:39+ 31:39+ 32:23+
03:38+ 03:00+ 02:48+ 04:18+ 02:11+ 03:16+ 06:46+ 03:42+ 02:00+ 00:44+
03:38 03:00 02:48 04:18 02:11 03:16 06:46 03:42 02:00 00:44

19 34:50 Løver, Anne Stord IL

05:08+ 08:32+ 11:56+ 15:29+ 18:09+ 21:50+ 27:44+ 30:54+ 34:04+ 34:50+
05:08+ 03:24+ 03:24+ 03:33+ 02:40+ 03:41+ 05:54+ 03:10+ 03:10+ 00:46+
05:08 03:24 03:24 03:33 02:40 03:41 05:54 03:10 03:10 00:46

20 36:48 Nordvik, Ole Magnar Samnanger IL

03:34+ 08:49+ 13:31+ 17:18+ 20:19+ 24:07+ 30:49+ 34:03+ 35:59+ 36:48+
03:34+ 05:15+ 04:42+ 03:47+ 03:01+ 03:48+ 06:42+ 03:14+ 01:56+ 00:49+
03:34 05:15 04:42 03:47 03:01 03:48 06:42 03:14 01:56 00:49

21 38:04 Meyer, Liv Sylvi Gneist, IL

05:14+ 08:27+ 11:32+ 16:40+ 19:04+ 22:36+ 29:21+ 35:10+ 37:20+ 38:04+
05:14+ 03:13+ 03:05+ 05:08+ 02:24+ 03:32+ 06:45+ 05:49+ 02:10+ 00:44+
05:14 03:13 03:05 05:08 02:24 03:32 06:45 05:49 02:10 00:44

22 42:19 Rafdal, Ingvar Stord IL

02:26+ 04:36+ 07:02+ 09:44+ 11:27+ 14:20+ 18:32+ 40:11+ 41:41+ 42:19+
02:26+ 02:10+ 02:26+ 02:42+ 01:43+ 02:53+ 04:12+ 21:39+ 01:30+ 00:38+
02:26 02:10 02:26 02:42 01:43 02:53 04:12 21:39 01:30 00:38

23 52:24 Stokke Karlsøen, Kristine Gular, IL

05:47+ 11:30+ 16:21+ 20:00+ 22:42+ 27:23+ 36:33+ 48:38+ 51:26+ 52:24+
05:47+ 05:43+ 04:51+ 03:39+ 02:42+ 04:41+ 09:10+ 12:05+ 02:48+ 00:58+
05:47 05:43 04:51 03:39 02:42 04:41 09:10 12:05 02:48 00:58

24 1:00:50 Skar, Knut-Olav Kristiansen Samnanger IL

04:28+ 16:40+ 24:41+ 32:26+ 35:19+ 40:05+ 53:04+ 58:12+ 60:12+ 60:50+
04:28+ 12:12+ 08:01+ 07:45+ 02:53+ 04:46+ 12:59+ 05:08+ 02:00+ 00:38+
04:28 12:12 08:01 07:45 02:53 04:46 12:59 05:08 02:00 00:38

25 2:26:46 Aadland, Ingeborg Samnanger IL

114:58+ 118:22+ 121:47+ 125:38+ 128:09+ 131:32+ 138:28+ 143:21+ 146:05+ 146:46+
114:58+ 03:24+ 03:25+ 03:51+ 02:31+ 03:23+ 06:56+ 04:53+ 02:44+ 00:41+
114:58 03:24 03:25 03:51 02:31 03:23 06:56 04:53 02:44 00:41

Best split for this class

= Same time as class winner, - Faster + slower # 10% more loss & 25% more loss @ 100% more loss

Hjemmeside: [Samnanger IL](#) Kontakt e-post adresse: helgeme@gmail.com

11.05.09 00:57:26 eTiming versjon 3.0 Emit as

Lisensen tilhører: SAMNANGER IL

Kompisstafetten

Samnanger IL. Totræna

10.05.09

Strekktider for 3

Rank	Tid	Navn	Klubb						
1	40:18	Daltveit, Memund	Fana IL						
01:36=	04:27=	09:30=	18:55=	28:39=	31:18=	37:32=	39:27=	39:57=	40:18=
01:36=	02:51=	05:03=	09:25=	09:44=	02:39=	06:14=	01:55=	00:30=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	42:48	Larsen, Lars Stuland	Varegg Fleridrett						
02:05+	08:13+	15:00+	17:50-	30:12+	34:25+	40:02+	41:48+	42:23+	42:48+
02:05+	06:08+	06:47+	02:50-	12:22+	04:13+	05:37-	01:46-	00:35+	00:25+
00:29&	03:17@	01:44&	06:35-	02:38&	01:34&	00:37-	00:09-	00:05#	00:04#
3	43:18	Hellen, Bjart Are	Viking, TIF						
01:46+	04:29+	08:49-	14:01-	26:20-	36:28+	41:02+	42:23+	42:59+	43:18+
01:46+	02:43-	04:20-	05:12-	12:19+	10:08+	04:34-	01:21-	00:36+	00:19-
00:10#	00:08-	00:43-	04:13-	02:35&	07:29@	01:40-	00:34-	00:06#	00:02-
4	43:42	Hekland, Bård	Gular, IL						
02:17+	06:13+	12:41+	16:28-	30:21+	34:11+	40:04+	42:28+	43:16+	43:42+
02:17+	03:56+	06:28+	03:47-	13:53+	03:50+	05:53-	02:24+	00:48+	00:26+
00:41&	01:05&	01:25&	05:38-	04:09&	01:11&	00:21-	00:29&	00:18&	00:05#
5	44:05	Femsteinvik, Martin	Strand-Ulv, IL						
01:52+	05:09+	09:31+	14:45-	26:38-	37:25+	41:41+	43:12+	43:46+	44:05+
01:52+	03:17+	04:22-	05:14-	11:53+	10:47+	04:16-	01:31-	00:34+	00:19-
00:16#	00:26#	00:41-	04:11-	02:09#	08:08@	01:58-	00:24-	00:04#	00:02-
6	44:36	Strand, Torgeir	Fana IL						
02:11+	05:51+	12:15+	18:19-	31:02+	35:21+	41:20+	43:29+	44:10+	44:36+
02:11+	03:40+	06:24+	06:04-	12:43+	04:19+	05:59-	02:09+	00:41+	00:26+
00:35&	00:49&	01:21&	03:21-	02:59&	01:40&	00:15-	00:14#	00:11&	00:05#
7	46:27	Hellen, Sondre	Viking, TIF						
02:07+	05:22+	11:38+	18:22-	31:57+	37:36+	43:40+	45:28+	46:03+	46:27+
02:07+	03:15+	06:16+	06:44-	13:35+	05:39+	06:04-	01:48-	00:35+	00:24+
00:31&	00:24#	01:13#	02:41-	03:51&	03:00@	00:10-	00:07-	00:05#	00:03#
8	47:13	Steiniger, Jan	Gneist, IL						
01:48+	04:45+	09:50+	25:52+	35:48+	38:53+	44:26+	46:16+	46:52+	47:13+
01:48+	02:57+	05:05+	16:02+	09:56+	03:05+	05:33-	01:50-	00:36+	00:21=
00:12#	00:06+	00:02+	06:37&	00:12+	00:26#	00:41-	00:05-	00:06#	00:00=
9	48:00	Gjesdal, Linn Kristine	Varegg Fleridrett						

02:22+ 06:18+ 12:22+ 15:23- 28:19- 38:33+ 43:42+ 46:54+ 47:37+ 48:00+
02:22+ 03:56+ 06:04+ 03:01- 12:56+ 10:14+ 05:09- 03:12+ 00:43+ 00:23+
00:46& 01:05& 01:01# 06:24- 03:12& 07:35@ 01:05- 01:17& 00:13& 00:02+

10 48:51 Daltveit, Dagrun Fana IL

01:56+ 05:41+ 14:17+ 19:34+ 33:19+ 38:17+ 45:56+ 47:38+ 48:26+ 48:51+
01:56+ 03:45+ 08:36+ 05:17- 13:45+ 04:58+ 07:39+ 01:42- 00:48+ 00:25+
00:20# 00:54& 03:33& 04:08- 04:01& 02:19& 01:25# 00:13- 00:18& 00:04#

11 49:31 Frugård, Lars Harald Stord IL

01:45+ 04:53+ 15:31+ 25:48+ 37:51+ 41:20+ 46:44+ 48:32+ 49:08+ 49:31+
01:45+ 03:08+ 10:38+ 10:17+ 12:03+ 03:29+ 05:24- 01:48- 00:36+ 00:23+
00:09+ 00:17+ 05:35@ 00:52+ 02:19# 00:50& 00:50- 00:07- 00:06# 00:02+

12 49:33 Alvsvåg, Robert Fana IL

01:55+ 05:31+ 13:13+ 20:51+ 34:37+ 40:58+ 47:15+ 48:44+ 49:15+ 49:33+
01:55+ 03:36+ 07:42+ 07:38- 13:46+ 06:21+ 06:17+ 01:29- 00:31+ 00:18-
00:19# 00:45& 02:39& 01:47- 04:02& 03:42@ 00:03+ 00:26- 00:01+ 00:03-

13 50:48 Rognsvåg, Silje Fana IL

02:28+ 07:18+ 13:09+ 20:41+ 35:44+ 41:10+ 47:31+ 49:34+ 50:14+ 50:48+
02:28+ 04:50+ 05:51+ 07:32- 15:03+ 05:26+ 06:21+ 02:03+ 00:40+ 00:34+
00:52& 01:59& 00:48# 01:53- 05:19& 02:47@ 00:07+ 00:08+ 00:10& 00:13&

14 52:29 Rognø, Eirik Gneist, IL

02:31+ 06:51+ 13:57+ 18:38- 36:48+ 41:38+ 48:46+ 51:09+ 52:05+ 52:29+
02:31+ 04:20+ 07:06+ 04:41- 18:10+ 04:50+ 07:08+ 02:23+ 00:56+ 00:24+
00:55& 01:29& 02:03& 04:44- 08:26& 02:11& 00:54# 00:28# 00:26& 00:03#

15 53:01 Moss, Andreas Totland Samnanger IL

02:28+ 06:02+ 13:22+ 18:33- 33:59+ 39:12+ 47:52+ 51:50+ 52:37+ 53:01+
02:28+ 03:34+ 07:20+ 05:11- 15:26+ 05:13+ 08:40+ 03:58+ 00:47+ 00:24+
00:52& 00:43& 02:17& 04:14- 05:42& 02:34& 02:26& 02:03@ 00:17& 00:03#

16 54:22 Røen, Oskar Varegg Fleridrett

02:29+ 05:23+ 29:55+ 33:24+ 44:03+ 47:42+ 51:58+ 53:28+ 54:04+ 54:22+
02:29+ 02:54+ 24:32+ 03:29- 10:39+ 03:39+ 04:16- 01:30- 00:36+ 00:18-
00:53& 00:03+ 19:29@ 05:56- 00:55+ 01:00& 01:58- 00:25- 00:06# 00:03-

17 55:57 Raa, Torjus Bergens TF

01:40+ 05:28+ 12:40+ 18:38- 30:10+ 33:35+ 53:19+ 54:59+ 55:37+ 55:57+
01:40+ 03:48+ 07:12+ 05:58- 11:32+ 03:25+ 19:44+ 01:40- 00:38+ 00:20-
00:04+ 00:57& 02:09& 03:27- 01:48# 00:46& 13:30@ 00:15- 00:08& 00:01-

18 56:08 Soligard, Nina Bergens TF

03:11+ 07:19+ 14:55+ 18:05- 31:39+ 37:47+ 52:51+ 54:50+ 55:35+ 56:08+
03:11+ 04:08+ 07:36+ 03:10- 13:34+ 06:08+ 15:04+ 01:59+ 00:45+ 00:33+
01:35& 01:17& 02:33& 06:15- 03:50& 03:29@ 08:50@ 00:04+ 00:15& 00:12&

19 58:57 Torbjørnsen, Birgitte Gular, IL

01:37+ 05:39+ 12:23+ 25:04+ 42:26+ 47:30+ 55:10+ 57:31+ 58:27+ 58:57+
01:37+ 04:02+ 06:44+ 12:41+ 17:22+ 05:04+ 07:40+ 02:21+ 00:56+ 00:30+
00:01+ 01:11& 01:41& 03:16& 07:38& 02:25& 01:26# 00:26# 00:26& 00:09&

20 1:17:06 Aadland, Anne Gro Samnanger IL

02:41+ 06:54+ 34:56+ 38:45+ 56:27+ 64:20+ 73:11+ 75:48+ 76:40+ 77:06+
02:41+ 04:13+ 28:02+ 03:49- 17:42+ 07:53+ 08:51+ 02:37+ 00:52+ 00:26+
01:05& 01:22& 22:59@ 05:36- 07:58& 05:14@ 02:37& 00:42& 00:22& 00:05#

21 1:28:56 Aadland, Lisbeth Samnanger IL

02:48+ 07:25+ 14:52+ 26:06+ 52:37+ 75:44+ 84:35+ 87:38+ 88:23+ 88:56+
02:48+ 04:37+ 07:27+ 11:14+ 26:31+ 23:07+ 08:51+ 03:03+ 00:45+ 00:33+
01:12& 01:46& 02:24& 01:49# 16:47@ 20:28@ 02:37& 01:08& 00:15& 00:12&

22 1:39:27 Tveit, Åse Waage Samnanger IL

02:26+ 07:03+ 45:25+ 49:32+ 75:23+ 82:41+ 91:45+ 97:28+ 98:58+ 99:27+
02:26+ 04:37+ 38:22+ 04:07- 25:51+ 07:18+ 09:04+ 05:43+ 01:30+ 00:29+
00:50& 01:46& 33:19@ 05:18- 16:07@ 04:39@ 02:50& 03:48@ 01:00@ 00:08&

23 1:50:05 Hovden, Sindre Løver Stord IL

01:58+ 05:13+ 45:14+ 48:43+ 78:02+ 85:16+ 103:37+ 108:36+ 109:33+ 110:05+
01:58+ 03:15+ 40:01+ 03:29- 29:19+ 07:14+ 18:21+ 04:59+ 00:57+ 00:32+
00:22# 00:24# 34:58@ 05:56- 19:35@ 04:35@ 12:07@ 03:04@ 00:27& 00:11&

Best split for this class

01:36 02:43 04:20 02:50 09:44 02:39 04:16 01:21 00:30 00:18

= Same time as class winner, - Faster + slower # 10% more loss & 25% more loss @ 100% more loss

Hjemmeside: [Samnanger IL](#) Kontakt e-post adresse: helgeme@gmail.com

10.05.09 20:44:46 eTiming versjon 3.0 Emit as

Lisensen tilhører: SAMNANGER IL

Kompisstafetten

Samnanger IL. Totræna

10.05.09

Strekktider for 4

Rank	Tid	Navn	Klubb						
1	33:59	Bakkejord, Jan Harald	Gular, IL						
02:14=	08:43=	09:56=	21:01=	22:38=	27:15=	31:04=	33:13=	33:36=	33:59=
02:14=	06:29=	01:13=	11:05=	01:37=	04:37=	03:49=	02:09=	00:23=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	34:29	Valen, Knut	Varegg Fleridrett						
02:15+	08:58+	10:13+	21:27+	22:53+	27:26+	32:06+	33:48+	34:11+	34:29+
02:15+	06:43+	01:15+	11:14+	01:26-	04:33-	04:40+	01:42-	00:23=	00:18-
00:01+	00:14+	00:02+	00:09+	00:11-	00:04-	00:51#	00:27-	00:00=	00:05-
3	35:30	Hølleland, Bjørn	Fana IL						
02:13-	09:00+	10:13+	22:03+	24:22+	29:01+	33:21+	34:38+	35:11+	35:30+
02:13-	06:47+	01:13=	11:50+	02:19+	04:39+	04:20+	01:17-	00:33+	00:19-
00:01-	00:18+	00:00=	00:45+	00:42&	00:02+	00:31#	00:52-	00:10&	00:04-
4	35:52	Valen, Harald	Varegg Fleridrett						
02:12-	09:09+	10:16+	22:39+	24:15+	29:02+	33:17+	34:59+	35:29+	35:52+
02:12-	06:57+	01:07-	12:23+	01:36-	04:47+	04:15+	01:42-	00:30+	00:23=
00:02-	00:28+	00:06-	01:18#	00:01-	00:10+	00:26#	00:27-	00:07&	00:00=
5	36:57	Gjesdal, Johannes	Varegg Fleridrett						
02:20+	09:09+	10:08+	23:15+	24:55+	30:03+	34:19+	35:55+	36:39+	36:57+
02:20+	06:49+	00:59-	13:07+	01:40+	05:08+	04:16+	01:36-	00:44+	00:18-
00:06+	00:20+	00:14-	02:02#	00:03+	00:31#	00:27#	00:33-	00:21&	00:05-
6	37:16	Damm, Martin	Viking, TIF						
02:14=	09:37+	10:41+	23:54+	25:22+	30:30+	34:50+	36:25+	37:01+	37:16+
02:14=	07:23+	01:04-	13:13+	01:28-	05:08+	04:20+	01:35-	00:36+	00:15-
00:00=	00:54#	00:09-	02:08#	00:09-	00:31#	00:31#	00:34-	00:13&	00:08-
7	37:32	Knudsen, Arne Wilhelm	Gneist, IL						
02:19+	09:08+	10:05+	24:06+	25:53+	30:44+	35:00+	36:39+	37:10+	37:32+
02:19+	06:49+	00:57-	14:01+	01:47+	04:51+	04:16+	01:39-	00:31+	00:22-
00:05+	00:20+	00:16-	02:56&	00:10#	00:14+	00:27#	00:30-	00:08&	00:01-
8	37:43	Kulild, Kristian	Samnanger IL						
01:35-	09:08+	10:14+	23:39+	25:08+	30:13+	34:27+	36:04+	36:37+	36:56+
01:35-	07:33+	01:06-	13:25+	01:29-	05:05+	04:14+	01:37-	00:33+	00:19-
00:39-	01:04#	00:07-	02:20#	00:08-	00:28#	00:25#	00:32-	00:10&	00:04-
9	38:21	Nøvik, Hanne	Gular, IL						

02:35+ 10:25+ 11:33+ 24:37+ 26:20+ 31:26+ 35:46+ 37:22+ 37:59+ 38:21+
02:35+ 07:50+ 01:08- 13:04+ 01:43+ 05:06+ 04:20+ 01:36- 00:37+ 00:22-
00:21# 01:21# 00:05- 01:59# 00:06+ 00:29# 00:31# 00:33- 00:14& 00:01-

10 38:35 Erdal, Arne Samnanger IL

02:21+ 09:31+ 10:25+ 23:58+ 25:37+ 31:10+ 36:05+ 37:45+ 38:17+ 38:35+
02:21+ 07:10+ 00:54- 13:33+ 01:39+ 05:33+ 04:55+ 01:40- 00:32+ 00:18-
00:07+ 00:41# 00:19- 02:28# 00:02+ 00:56# 01:06& 00:29- 00:09& 00:05-

11 38:41 Steen, Vidar Fana IL

02:22+ 09:49+ 10:51+ 25:18+ 27:00+ 31:53+ 36:14+ 37:48+ 38:18+ 38:41+
02:22+ 07:27+ 01:02- 14:27+ 01:42+ 04:53+ 04:21+ 01:34- 00:30+ 00:23=
00:08+ 00:58# 00:11- 03:22& 00:05+ 00:16+ 00:32# 00:35- 00:07& 00:00=

12 38:42 Standal, Roar Bergens TF

02:26+ 09:14+ 10:24+ 23:51+ 25:34+ 31:26+ 36:02+ 37:48+ 38:21+ 38:42+
02:26+ 06:48+ 01:10- 13:27+ 01:43+ 05:52+ 04:36+ 01:46- 00:33+ 00:21-
00:12+ 00:19+ 00:03- 02:22# 00:06+ 01:15& 00:47# 00:23- 00:10& 00:02-

13 38:54 Femsteinvik, Aasmund Strand-Ulv, IL

02:31+ 09:51+ 10:48+ 24:10+ 25:46+ 31:25+ 36:16+ 38:03+ 38:32+ 38:54+
02:31+ 07:20+ 00:57- 13:22+ 01:36- 05:39+ 04:51+ 01:47- 00:29+ 00:22-
00:17# 00:51# 00:16- 02:17# 00:01- 01:02# 01:02& 00:22- 00:06& 00:01-

14 39:13 Ottesen, Per Ola Varegg Fleridrett

02:23+ 10:35+ 11:33+ 25:55+ 27:33+ 32:24+ 36:44+ 38:20+ 38:51+ 39:13+
02:23+ 08:12+ 00:58- 14:22+ 01:38+ 04:51+ 04:20+ 01:36- 00:31+ 00:22-
00:09+ 01:43& 00:15- 03:17& 00:01+ 00:14+ 00:31# 00:33- 00:08& 00:01-

15 46:03 Bergsvåg, Arne Stord IL

02:36+ 11:54+ 13:06+ 28:27+ 30:23+ 37:36+ 43:06+ 44:52+ 45:28+ 46:03+
02:36+ 09:18+ 01:12- 15:21+ 01:56+ 07:13+ 05:30+ 01:46- 00:36+ 00:35+
00:22# 02:49& 00:01- 04:16& 00:19# 02:36& 01:41& 00:23- 00:13& 00:12&

16 48:23 Tørnquist, Ole Fana IL

02:29+ 10:45+ 11:55+ 31:15+ 33:48+ 39:43+ 45:34+ 47:22+ 47:57+ 48:23+
02:29+ 08:16+ 01:10- 19:20+ 02:33+ 05:55+ 05:51+ 01:48- 00:35+ 00:26+
00:15# 01:47& 00:03- 08:15& 00:56& 01:18& 02:02& 00:21- 00:12& 00:03#

17 50:16 Hole, Randi Bergens TF

02:33+ 12:02+ 13:40+ 31:11+ 33:21+ 40:49+ 47:02+ 49:03+ 49:44+ 50:16+
02:33+ 09:29+ 01:38+ 17:31+ 02:10+ 07:28+ 06:13+ 02:01- 00:41+ 00:32+
00:19# 03:00& 00:25& 06:26& 00:33& 02:51& 02:24& 00:08- 00:18& 00:09&

18 50:32 Hovden, Råmund Løver Stord IL

02:23+ 10:05+ 11:48+ 26:03+ 28:07+ 41:21+ 46:22+ 49:29+ 49:59+ 50:32+
02:23+ 07:42+ 01:43+ 14:15+ 02:04+ 13:14+ 05:01+ 03:07+ 00:30+ 00:33+
00:09+ 01:13# 00:30& 03:10& 00:27& 08:37@ 01:12& 00:58& 00:07& 00:10&

19 57:15 Nordeide, Sturle Gneist, IL

02:30+ 10:36+ 11:52+ 33:02+ 35:13+ 48:02+ 54:12+ 56:13+ 56:54+ 57:15+
02:30+ 08:06+ 01:16+ 21:10+ 02:11+ 12:49+ 06:10+ 02:01- 00:41+ 00:21-
00:16# 01:37# 00:03+ 10:05& 00:34& 08:12@ 02:21& 00:08- 00:18& 00:02-

20 59:00 Rognsvåg, Turid Fana IL

02:39+ 11:51+ 13:01+ 34:15+ 36:32+ 49:33+ 55:32+ 57:34+ 58:18+ 59:00+
02:39+ 09:12+ 01:10- 21:14+ 02:17+ 13:01+ 05:59+ 02:02- 00:44+ 00:42+
00:25# 02:43& 00:03- 10:09& 00:40& 08:24@ 02:10& 00:07- 00:21& 00:19&

21 1:02:37 Skar, Roger Samnanger IL

02:40+ 11:44+ 13:27+ 36:52+ 39:18+ 51:58+ 59:11+ 61:22+ 62:12+ 62:37+
02:40+ 09:04+ 01:43+ 23:25+ 02:26+ 12:40+ 07:13+ 02:11+ 00:50+ 00:25+
00:26# 02:35& 00:30& 12:20@ 00:49& 08:03@ 03:24& 00:02+ 00:27@ 00:02+

22 1:06:50 Alvsvåg, John Olav Fana IL

02:39+ 13:38+ 16:59+ 47:35+ 49:52+ 56:55+ 63:15+ 65:31+ 66:21+ 66:50+
02:39+ 10:59+ 03:21+ 30:36+ 02:17+ 07:03+ 06:20+ 02:16+ 00:50+ 00:29+
00:25# 04:30& 02:08@ 19:31@ 00:40& 02:26& 02:31& 00:07+ 00:27@ 00:06&

23 1:06:53 Claussen, Jan Erik Fana IL

02:38+ 23:40+ 25:29+ 47:57+ 50:14+ 57:17+ 63:36+ 65:41+ 66:25+ 66:53+
02:38+ 21:02+ 01:49+ 22:28+ 02:17+ 07:03+ 06:19+ 02:05- 00:44+ 00:28+
00:24# 14:33@ 00:36& 11:23@ 00:40& 02:26& 02:30& 00:04- 00:21& 00:05#

24 1:14:12 Daltveit, Anne Kjersti Fana IL

02:40+ 18:32+ 20:33+ 44:09+ 52:06+ 62:34+ 69:33+ 72:22+ 73:38+ 74:12+
02:40+ 15:52+ 02:01+ 23:36+ 07:57+ 10:28+ 06:59+ 02:49+ 01:16+ 00:34+
00:26# 09:23@ 00:48& 12:31@ 06:20@ 05:51@ 03:10& 00:40& 00:53@ 00:11&

25 1:14:40 Damm, Kjetil Viking, TIF

36:18+ 45:08+ 46:09+ 59:47+ 61:29+ 67:30+ 72:09+ 73:47+ 74:21+ 74:40+
36:18+ 08:50+ 01:01- 13:38+ 01:42+ 06:01+ 04:39+ 01:38- 00:34+ 00:19-
34:04@ 02:21& 00:12- 02:33# 00:05+ 01:24& 00:50# 00:31- 00:11& 00:04-

26 1:18:21 Tysseiland, Vigleik Samnanger IL

02:00- 11:29+ 30:02+ 50:14+ 52:30+ 69:02+ 75:08+ 77:06+ 77:51+ 78:21+
02:00- 09:29+ 18:33+ 20:12+ 02:16+ 16:32+ 06:06+ 01:58- 00:45+ 00:30+
00:14- 03:00& 17:20@ 09:07& 00:39& 11:55@ 02:17& 00:11- 00:22& 00:07&

Best split for this class

01:35 06:29 00:54 11:05 01:26 04:33 03:49 01:17 00:23 00:15

= Same time as class winner, - Faster + slower # 10% more loss & 25% more loss @ 100% more loss

Hjemmeside: Samnanger IL Kontakt e-post adresse: helgeme@gmail.com

11.05.09 00:57:26 eTiming versjon 3.0 Emit as

Lisensen tilhører: SAMNANGER IL

Kompisstaffetten

Samnanger IL. Totræna

10.05.09

Strekktider for 5

Rank	Tid	Navn	Klubb									
1	42:02	Westerheim, Bjarthe	Stord IL									
01:22=	07:41=	11:59=	13:11=	16:02=	18:41=	20:58=	30:25=	31:55=	36:13=	39:57=	41:14=	41:41=
01:22=	06:19=	04:18=	01:12=	02:51=	02:39=	02:17=	09:27=	01:30=	04:18=	03:44=	01:17=	00:27=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
42:02=												
00:21=												
00:00=												
2	42:53	Aadland, Per Arne	Samnanger IL									
01:14-	07:37-	11:56-	13:13+	16:03+	18:55+	20:56-	30:23-	31:53-	36:47+	40:44+	42:02+	42:31+
01:14-	06:23+	04:19+	01:17+	02:50-	02:52+	02:01-	09:27=	01:30=	04:54+	03:57+	01:18+	00:29+
00:08-	00:04+	00:01+	00:05+	00:01-	00:13+	00:16-	00:00=	00:00=	00:36#	00:13+	00:01+	00:02+
42:53+												
00:22+												
00:01+												
3	45:13	Westergård, Håkon Jarvis	Varegg Fleridrett									
01:40+	09:15+	13:47+	15:08+	18:22+	21:20+	23:28+	33:35+	35:13+	39:30+	43:14+	44:26+	44:51+
01:40+	07:35+	04:32+	01:21+	03:14+	02:58+	02:08-	10:07+	01:38+	04:17-	03:44=	01:12-	00:25-
00:18#	01:16#	00:14+	00:09#	00:23#	00:19#	00:09-	00:40+	00:08+	00:01-	00:00=	00:05-	00:02-
45:13+												
00:22+												
00:01+												
4	45:14	Schei, Vidar	Viking, TIF									
01:40+	08:36+	13:30+	14:52+	18:16+	21:31+	23:21+	33:32+	35:09+	39:26+	43:06+	44:23+	44:51+
01:40+	06:56+	04:54+	01:22+	03:24+	03:15+	01:50-	10:11+	01:37+	04:17-	03:40-	01:17=	00:28+
00:18#	00:37+	00:36#	00:10#	00:33#	00:36#	00:27-	00:44+	00:07+	00:01-	00:04-	00:00=	00:01+
45:14+												
00:23+												
00:02+												
5	45:46	Femsteinvik, Arnt Ove	Strand-Ulv, IL									
01:36+	08:35+	13:39+	14:51+	18:13+	21:26+	23:23+	33:29+	35:08+	39:36+	43:36+	45:00+	45:27+
01:36+	06:59+	05:04+	01:12=	03:22+	03:13+	01:57-	10:06+	01:39+	04:28+	04:00+	01:24+	00:27=
00:14#	00:40#	00:46#	00:00=	00:31#	00:34#	00:20-	00:39+	00:09#	00:10+	00:16+	00:07+	00:00=
45:45+												
00:18-												
00:03-												
6	46:57	Knudsen, Magne Lokøen	Gneist, IL									
01:31+	11:06+	15:50+	17:13+	20:13+	23:03+	25:03+	34:54+	36:33+	41:10+	45:07+	46:10+	46:41+

01:31+ 11:26+ 15:52+ 17:13+ 20:13+ 23:03+ 25:03+ 34:54+ 36:33+ 41:10+ 45:07+ 46:18+ 46:41+
01:31+ 09:55+ 04:26+ 01:21+ 03:00+ 02:50+ 02:00- 09:51+ 01:39+ 04:37+ 03:57+ 01:11- 00:23-
00:09# 03:36& 00:08+ 00:09# 00:09+ 00:11+ 00:17- 00:24+ 00:09# 00:19+ 00:13+ 00:06- 00:04-
46:57+
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00:05-

7 47:01 Nygård, Rune Gular, IL

02:04+ 09:21+ 13:23+ 15:03+ 17:58+ 20:45+ 22:53+ 34:37+ 36:06+ 40:47+ 44:44+ 46:05+ 46:38+
02:04+ 07:17+ 04:02- 01:40+ 02:55+ 02:47+ 02:08- 11:44+ 01:29- 04:41+ 03:57+ 01:21+ 00:33+
00:42& 00:58# 00:16- 00:28& 00:04+ 00:08+ 00:09- 02:17# 00:01- 00:23+ 00:13+ 00:04+ 00:06#
47:01+
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8 47:21 Westerheim, Kenneth Stord IL

01:17- 07:42+ 12:00+ 13:16+ 16:08+ 18:53+ 20:59+ 30:34+ 32:08+ 39:13+ 44:20+ 46:23+ 46:56+
01:17- 06:25+ 04:18= 01:16+ 02:52+ 02:45+ 02:06- 09:35+ 01:34+ 07:05+ 05:07+ 02:03+ 00:33+
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47:21+
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00:04#

9 50:55 Eikner, Sigurd Fana IL

01:37+ 08:51+ 13:26+ 14:52+ 18:23+ 21:46+ 23:44+ 35:20+ 37:44+ 43:17+ 47:55+ 49:57+ 50:31+
01:37+ 07:14+ 04:35+ 01:26+ 03:31+ 03:23+ 01:58- 11:36+ 02:24+ 05:33+ 04:38+ 02:02+ 00:34+
00:15# 00:55# 00:17+ 00:14# 00:40# 00:44& 00:19- 02:09# 00:54& 01:15& 00:54# 00:45& 00:07&
50:55+
00:24+
00:03#

10 51:36 Svendsbøe, Jon Magne Gular, IL

01:26+ 09:34+ 14:04+ 16:17+ 19:31+ 22:59+ 26:57+ 38:30+ 40:13+ 45:11+ 49:16+ 50:50+ 51:18+
01:26+ 08:08+ 04:30+ 02:13+ 03:14+ 03:28+ 03:58+ 11:33+ 01:43+ 04:58+ 04:05+ 01:34+ 00:28+
00:04+ 01:49& 00:12+ 01:01& 00:23# 00:49& 01:41& 02:06# 00:13# 00:40# 00:21+ 00:17# 00:01+
51:36+
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11 51:47 Røen, Arild Samnanger IL

01:24+ 09:16+ 13:51+ 16:12+ 19:27+ 22:49+ 26:58+ 38:23+ 40:06+ 45:13+ 49:20+ 50:56+ 51:25+
01:24+ 07:52+ 04:35+ 02:21+ 03:15+ 03:22+ 04:09+ 11:25+ 01:43+ 05:07+ 04:07+ 01:36+ 00:29+
00:02+ 01:33# 00:17+ 01:09& 00:24# 00:43& 01:52& 01:58# 00:13# 00:49# 00:23# 00:19# 00:02+
51:47+
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00:01+

12 58:02 Solheim, Stian Fana IL

01:49+ 12:49+ 17:25+ 20:08+ 23:12+ 26:21+ 33:20+ 44:46+ 46:20+ 51:26+ 55:33+ 57:15+ 57:41+
01:49+ 11:00+ 04:36+ 02:43+ 03:04+ 03:09+ 06:59+ 11:26+ 01:34+ 05:06+ 04:07+ 01:42+ 00:26-
00:27& 04:41& 00:18+ 01:31@ 00:13+ 00:30# 04:42@ 01:59# 00:04+ 00:48# 00:23# 00:25& 00:01-
58:02+
00:21=
00:00=

13 58:23 Rød, Anders T Fana IL

13 58:23 Rød, Anders T Fana IL
01:26+ 09:20+ 13:56+ 16:06+ 19:23+ 22:56+ 26:48+ 42:50+ 44:49+ 50:57+ 55:43+ 57:24+ 57:58+
01:26+ 07:54+ 04:36+ 02:10+ 03:17+ 03:33+ 03:52+ 16:02+ 01:59+ 06:08+ 04:46+ 01:41+ 00:34+
00:04+ 01:35& 00:18+ 00:58& 00:26# 00:54& 01:35& 06:35& 00:29& 01:50& 01:02& 00:24& 00:07&
58:23+
00:25+
00:04#

14 59:28 Rognsvåg, Espen Fana IL
01:32+ 14:29+ 18:30+ 19:46+ 22:44+ 26:15+ 30:56+ 46:31+ 48:00+ 53:12+ 57:17+ 58:39+ 59:07+
01:32+ 12:57+ 04:01- 01:16+ 02:58+ 03:31+ 04:41+ 15:35+ 01:29- 05:12+ 04:05+ 01:22+ 00:28+
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59:28+
00:21=
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15 1:00:15 Sælen, Ole-Håkon Samnanger IL
01:29+ 09:30+ 14:03+ 16:11+ 19:42+ 23:55+ 26:55+ 38:35+ 40:21+ 45:40+ 57:36+ 59:05+ 59:49+
01:29+ 08:01+ 04:33+ 02:08+ 03:31+ 04:13+ 03:00+ 11:40+ 01:46+ 05:19+ 11:56+ 01:29+ 00:44+
00:07+ 01:42& 00:15+ 00:56& 00:40# 01:34& 00:43& 02:13# 00:16# 01:01# 08:12@ 00:12# 00:17&
60:15+
00:26+
00:05#

16 1:08:42 Lysaker, Kirsti Fana IL
02:11+ 12:49+ 19:19+ 21:27+ 26:57+ 31:20+ 34:53+ 49:25+ 51:39+ 58:56+ 65:09+ 67:18+ 68:06+
02:11+ 10:38+ 06:30+ 02:08+ 05:30+ 04:23+ 03:33+ 14:32+ 02:14+ 07:17+ 06:13+ 02:09+ 00:48+
00:49& 04:19& 02:12& 00:56& 02:39& 01:44& 01:16& 05:05& 00:44& 02:59& 02:29& 00:52& 00:21&
68:42+
00:36+
00:15&

17 1:38:05 Valestrand, Kasper Prestmo Varegg Fleridrett
01:31+ 32:07+ 37:52+ 40:11+ 43:36+ 46:43+ 49:50+ 65:57+ 68:00+ 86:15+ 94:12+ 97:07+ 97:47+
01:31+ 30:36+ 05:45+ 02:19+ 03:25+ 03:07+ 03:07+ 16:07+ 02:03+ 18:15+ 07:57+ 02:55+ 00:40+
00:09# 24:17@ 01:27& 01:07& 00:34# 00:28# 00:50& 06:40& 00:33& 13:57@ 04:13@ 01:38@ 00:13&
98:05+
00:18-
00:03-

18 1:38:45 Woldsdal, Jørn Ove Gneist, IL
01:31+ 18:30+ 25:17+ 29:57+ 34:58+ 39:22+ 43:56+ 77:57+ 80:35+ 88:22+ 95:10+ 97:26+ 98:25+
01:31+ 16:59+ 06:47+ 04:40+ 05:01+ 04:24+ 04:34+ 34:01+ 02:38+ 07:47+ 06:48+ 02:16+ 00:59+
00:09# 10:40@ 02:29& 03:28@ 02:10& 01:45& 02:17& 24:34@ 01:08& 03:29& 03:04& 00:59& 00:32@
98:45+
00:20-
00:01-

19 1:38:47 Solheim, Ronny Samnanger IL
01:56+ 18:22+ 25:20+ 30:01+ 35:20+ 39:29+ 44:37+ 77:59+ 80:25+ 88:39+ 94:58+ 97:23+ 98:26+
01:56+ 16:26+ 06:58+ 04:41+ 05:19+ 04:09+ 05:08+ 33:22+ 02:26+ 08:14+ 06:19+ 02:25+ 01:03+
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