

Startnr	Navn	Klubb	Starttid	Innkomst	Løpstid
Jenter 8 år 1 km					
3	Maja Moen	Hållingen	11:01:30	11:07:28	
4	Klara Sofie Stensli	Leirådal	11:02:00	11:07:19	
Gutter 8 år 1 km					
5	August K Reinfjord	Sømna	11:02:30	11:09:03	
6	Sindre Haug	Foldereid	11:03:00	11:11:57	
Jenter 9 år 1 km					
7	Elisabeth Røsseth	Foldered	11:03:30	11:09:32	
Gutter 9 år 1 km					
8	Marius Rosenvinge	Foldereid	11:04:00	11:09:45	
19	Erlend Mediaas	Hållingen	11:09:30	11:14:59	
Jenter 10 år 1 km					
9	Ine Haug	Foldereid	11:04:30	11:10:56	
10	Andrine Lande	Terråk	11:05:00	11:10:04	
11	Ingrid Sandbakken	Spillum	11:05:30	11:09:55	
12	Kristina Skeie	Foldereid	11:06:00	11:12:21	
13	Marie Laugen	Foldereid	11:06:30	11:12:58	
Gutter 10 år 1 km					
14	Tormund Klingen	Kolvereid	11:07:00	11:12:41	
15	Torkil Klingen	Spillum	11:07:30	11:11:52	
16	Martin Ditlev Halsan	Frol	11:08:00	11:11:59	
17	Emil Elstad	Spillum	11:08:30	11:12:55	
18	Trym Malmo	Grong	11:09:00	11:13:11	
20	Iver Torsvik	Kolvereid	11:10:00	11:15:19	
Plass	Navn	Klubb	Starttid	Innkomst	Løpstid
Jenter 11 år 2 km					
1	Ingrid Johanne F Sagmo	Elva/Namskogan	11:13:00	11:22:25	00:09:25
2	Grethe Tyldum	Hållingen	11:11:30	11:21:43	00:10:13
3	Gina Oline Kjølstad	Hållingen	11:12:00	11:22:44	00:10:44
4	Vanja Fjerdingøy	Sømna	11:10:30	11:21:15	00:10:45
5	Nora Annie K Reinfjord	Sømna	11:11:00	11:21:46	00:10:46
6	Sunniva Barlien	Sømna	11:13:30	11:26:50	00:13:20
Gutter 11 år 2 km					
1	Jonas Hågensen Kokås	Leksdal	11:14:00	11:21:37	00:07:37
Jenter 12 år 2 km					
1	Maren Smulan Sagland	Vinne	11:14:30	11:21:31	00:07:01
Gutter 12 år 2 km					
1	Bjørn Ellev Stensli	Leirådal	11:19:00	11:26:42	00:07:42
2	Mats Ivar Klingen	Spillum	11:17:30	11:25:20	00:07:50
3	Jan Erik Smalaas	Spillum	11:18:30	11:26:39	00:08:09
4	Iver Strand Øvereng	Overhalla	11:18:00	11:26:43	00:08:43
5	Jørgen Moen	Hållingen	11:21:00	11:29:52	00:08:52
6	Kim Andre B Thrane	Sømna	11:16:00	11:24:58	00:08:58
7	Lasse Kolsvik	Terråk	11:15:30	11:24:56	00:09:26
8	Markus Andre Brevik	Terråk	11:20:30	11:30:01	00:09:31
9	Håkon Mediaas	Hållingen	11:17:00	11:26:48	00:09:48
10	Håkon Olsen Valmo	Hållingen	11:19:30	11:29:34	00:10:04
11	Ola Marius Kjølstad	Hållingen	11:16:30	11:26:39	00:10:09
12	Kassander Laugen	Foldereid	11:20:00	11:30:30	00:10:30

Menn senior 10 km					
1	Jann Inge Rosenvinge	Foldereid	11:46:00	12:11:24	00:25:24
2	Jan Olav Smalås	Spillum	11:47:30	12:12:55	00:25:25
3	Verner Reinfjord	Sømna	11:44:30	12:12:40	00:28:10
4	Ole A Reinfjord	Sømna	11:48:30	12:16:53	00:28:23
5	Tor Morten Klingen	Spillum	11:44:00	12:13:16	00:29:16
6	Øyvind Solli	Sømna	11:48:00	12:17:18	00:29:18
7	Mathias Mørkved	Spillum	11:45:00	12:15:14	00:30:14
8	Bjørn T Sagmo	Trones	11:45:30	12:15:53	00:30:23
9	Gunnar Ove Thrana	Sømna	11:47:00	12:17:42	00:30:42
Menn 17 år 10 km					
1	Jo Øy	Hållingen	11:49:00	12:14:51	00:25:51
2	Adrian Thorsen	Elvalandet	11:50:30	12:20:10	00:29:40
3	Tommy Byberg	Sømna	11:50:00	12:19:47	00:29:47
Menn 18 år 10 km					
1	Tor Gunnar F Brembu	Hållingen	11:52:30	12:17:56	00:25:26
2	Hallgeir Aspli	Frol	11:51:30	12:17:08	00:25:38
3	Erik Solstad	Kolvereid	11:51:00	12:18:22	00:27:22
4	Jonas Riseth	Spillum	11:52:00	12:19:51	00:27:51
Menn 19-20 år 10 km					
1	Johan Hundseth	Kolvereid	11:53:00	12:17:09	00:24:09
Jenter 15 år 5 km					
1	Ingvild S Brensholm	Steinkjer	11:55:00	12:09:43	00:14:43
2	Julie Victoria Berg	Leksvik	11:54:00	12:09:01	00:15:01
3	Sigrid H Solum	Leksdal	11:55:30	12:10:50	00:15:20
4	Astrid Laugen	Foldereid	11:53:30	12:14:08	00:20:38
Gutter 15 år 5 km					
1	Sindre Finne	Kolvereid	12:01:30	12:15:04	00:13:34
2	Magnus Sivertsen	Leirådal	11:59:00	12:12:42	00:13:42
3	Eirik Lund	Vinne	11:59:30	12:13:14	00:13:44
4	Vebjørn Klingen	Kolvereid	11:58:30	12:12:14	00:13:44
5	Johannes Strand	Leirådal	12:00:30	12:14:29	00:13:59
6	Marius L Melhus	Steinkjer	12:00:00	12:14:35	00:14:35
7	Fredrik Svendgård	Markabygda	11:57:30	12:12:07	00:14:37
8	Arnfinn Urdshals	Kolvereid	11:57:00	12:12:34	00:15:34
9	Henrik A Henriksen	Kolvereid	11:58:00	12:13:51	00:15:51
Jenter 16 år 5 km					
1	Maren Grande	Nessegutten SPK	12:02:00	12:17:41	00:15:41
Gutter 16 år 5 km					
1	Stian Sundsvik	Frol	12:03:00	12:15:55	00:12:55
2	Hans Einar Overrein	Steinkjer	12:05:00	12:17:56	00:12:56
3	Ola B Rannem	Steinkjer	12:04:30	12:17:31	00:13:01
4	Vetle V Halsan	Frol	12:04:00	12:17:11	00:13:11
5	Sverre Solbakken	Vemundvik	12:03:30	12:16:50	00:13:20
6	Eivind Berg Dypvik	Terråk	11:56:30	12:11:46	00:15:16
Kvinner 17 år 5 km					
1	Ane A Stenset	Grong	12:06:00	12:20:26	00:14:26
Kvinner 18 år 5 km					
1	Vilde Finne	Kolvereid	12:07:00	12:21:33	00:14:33
2	Karen Anna Kvemo	Lierne	12:06:30	12:21:26	00:14:56