

Resultatliste

Fredrikstad Maraton

23.10.2010

Class	Navn	Klubb	Mellomtid	Tid	Etter
Kvinner 17-29					
1	Petra Jacoby	SK Rye	1:05:59 1:05:36 1:10:20	3:21:55	
2	Linn Karlsvik	SK Rye	1:12:52 1:17:47 1:20:47	3:51:26	29:31
3	Kathrine Lebesby	NOTEAM	1:27:48 1:26:06 1:39:31	4:33:25	1:11:30
4	Solveig Kjeserud	Solveig Kjeseruds	1:26:49 1:27:03 1:42:13	4:36:05	1:14:10
Antall	4	Påmeldte: 4	Startende: 4		
Kvinner 30-39					
1	Janne Kjellberg Johansen	Fredrikstad IF	1:09:36 1:08:16 1:08:48	3:26:40	
Antall	1	Påmeldte: 1	Startende: 1		
Kvinner 40-44					
1	Grid Skogen	Fredrikstad IF	1:12:39 1:13:58 1:18:24	3:45:01	
Antall	1	Påmeldte: 2	Startende: 1		
Kvinner 45-49					
1	Kristin Josefsen	Fredrikstad IF	1:16:39 1:16:06 1:16:01	3:48:46	
2	Ragnhild Audestad	NOTEAM	1:13:05 1:34:32 1:29:02	4:16:39	27:53
Antall	2	Påmeldte: 2	Startende: 2		
Kvinner 50-54					
1	Britt-Marie Fihn	IK Tarfala	1:15:36 1:18:32 1:23:27	3:57:35	
2	Lise Lithun	GTI Stavanger	1:06:45 1:32:08 1:31:40	4:10:33	12:58
3	Turid Veggeland	Herkules	1:31:21 1:37:42 1:45:44	4:54:47	57:12
Antall	3	Påmeldte: 3	Startende: 3		
Kvinner 65-69					
1	Oline Yksnøy	Rustad IL	1:26:46 1:39:40 1:38:36	4:45:02	
Antall	1	Påmeldte: 1	Startende: 1		
Menn 17-29					
1	Jon Pedersen	Halden Skiklubb	1:03:41 1:03:24 1:01:06	3:08:11	
2	Christian Fihn	IK Tarfala	1:12:27 1:15:10 1:19:41	3:47:18	39:07
3	Frank Robert Hansen	NOTEAM	1:11:26 1:29:27 2:00:44	4:41:37	1:33:26
4	Erling Uttisrud	Mysen	1:30:44 1:39:25 1:46:20	4:56:29	1:48:18
DNF	Jo Nordskar	Winforce Expedition	56:58		
Antall	5	Påmeldte: 7	Startende: 5		
Menn 30-39					
1	Knut Eraker Hole	Hadeland FIK	53:16 52:58 57:30	2:43:44	
2	Henning Pedersen	Moss Skiklubb	55:09 56:41 1:00:14	2:52:04	08:20
3	Keino Valstad	Bøler IF	58:40 58:43 1:02:17	2:59:40	15:56
4	Øystein Mørk	NOTEAM	53:35 54:08 1:19:57	3:07:40	23:56
5	Frode Kraugerud	Rakkestad	58:14 1:02:16 1:10:26	3:10:56	27:12
6	Matthew Wilson	SK Rye	1:06:00 1:05:22 1:07:39	3:19:01	35:17
7	Lars Eftang	Winforce Expedition	59:41 1:09:47 1:12:19	3:21:47	38:03
8	Ole Richard Holm-Olsen	Halden IL	1:03:41 1:04:01 1:24:55	3:32:37	48:53
9	Jan Kristian Stordrange	Flekkfjord TK	1:12:13 1:13:20 1:11:09	3:36:42	52:58
10	Roberto Di Niro	Team Immune	1:11:37 1:12:28 1:16:09	3:40:14	56:30
11	Are Hotvedt	Tønsberg Triathlonklubb	1:12:52 1:15:20 1:17:13	3:45:25	1:01:41

Resultatliste

Fredrikstad Maraton

23.10.2010

Class	Navn	Klubb	Mellomtid	Tid	Etter
-------	------	-------	-----------	-----	-------

Menn 30-39

12	Lars-Erik Øde	MUPIP / UPIL	1:14:30 1:15:05 1:23:39	3:53:14	1:09:30
13	Tommy Støa	Hytteplan Sport	1:09:13 1:11:30 1:35:39	3:56:22	1:12:38
Antall	13	Påmeldte: 19	Startende: 13		

Menn 40-44

1	Kristian Qvenild	Raumurveien Springers	56:58 55:25 56:16	2:48:39	
2	Kjell Holm Hansen	NOTEAM	58:00 1:00:18 1:04:31	3:02:49	14:10
3	Dag Bern	Liungen IF	59:53 1:00:05 1:04:30	3:04:28	15:49
4	Lars Alvear	Kodal IL	59:00 1:00:01 1:06:44	3:05:45	17:06
5	Arne Olav Sunde	Winforce Expedition	59:51 1:01:00 1:06:12	3:07:03	18:24
6	Ole Arne Eiksund	Glaxosmithkline B.i.l	1:01:07 1:05:21 1:12:03	3:18:31	29:52
7	Roy Freddy Andersen	Fredriksstad Blad	1:06:04 1:07:29 1:08:05	3:21:38	32:59
8	Ola Bustad	Winforce Expedition	59:52 1:05:39 1:16:22	3:21:53	33:14
9	Henrik Skjøllerhag	IK Spring Väst Sverige	1:04:29 1:08:59 1:14:36	3:28:04	39:25
10	Lars Olsen	Finstad Fortløpende /	1:12:51 1:14:46 1:16:35	3:44:12	55:33
11	Geir Runar Johannesen	Fredrikstad IF	1:16:39 1:16:05 1:15:38	3:48:22	59:43
12	Alf-Erling Sandøy	NOTEAM	1:09:35 1:16:47 1:27:16	3:53:38	1:04:59
13	Rune Thorbjørnsen	Oslo Kommune	1:14:29 1:17:58 1:23:27	3:55:54	1:07:15
14	Per Ove Nordli	Oslo Politis Idrettslag	1:09:46 1:20:15 1:34:27	4:04:28	1:15:49
15	Niels Mortensen	Kongsberg Gruppen	1:15:37 1:25:16 1:29:17	4:10:10	1:21:31
16	Jan Frode Hanssen	Råde Løpeklubb	1:19:35 1:24:16 1:38:56	4:22:47	1:34:08
17	Anders Tronstad	NOTEAM	1:16:38 02:33 3:12:26	4:31:37	1:42:58
DNF	Ole Kristian Sørland	Winforce Expedition			
DNF	Terje Rød	Fredrikstad IF	1:17:44		
DNF	Per Fjekmeros	NOTEAM	1:05:42 1:05:25		
Antall	20	Påmeldte: 23	Startende: 20		

Menn 45-49

1	Jan Halland	Statkraft	55:10 56:39 58:27	2:50:16	
2	Odd Gunnar Tveit	Birkenes IL	59:00 58:23 1:01:08	2:58:31	08:15
3	Frants Mohr	Romerike Ultraløperklubb	1:02:03 1:00:53 1:01:57	3:04:53	14:37
4	Ivar Kieding-Kummervold	Norema BIL	1:04:44 1:07:09 1:13:16	3:25:09	34:53
5	Tim Bennett	Winforce Expedition	1:09:21 1:14:21 1:19:47	3:43:29	53:13
6	Gunnar Nordbø	Flekkefjord	1:09:34 1:14:40 1:22:26	3:46:40	56:24
7	Erlend Leganger	NOTEAM	1:16:40 1:15:07 1:20:15	3:52:02	1:01:46
8	Rune Enger	Kondis	1:21:56 1:23:26 1:37:26	4:22:48	1:32:32
9	Jan-Erik Ullström	Vi som springer	1:31:33 1:42:03 2:00:46	5:14:22	2:24:06
Antall	9	Påmeldte: 10	Startende: 9		

Menn 50-54

1	Rolf Bakken	FIK Orion	1:01:06 1:02:19 1:05:44	3:09:09	
2	Einar Iversen	Gjerdrum IL	1:03:52 1:07:28 1:08:51	3:20:11	11:02
3	Bjarte Ellingsen	Norsk Luftambulans	1:05:44 1:06:07 1:14:04	3:25:55	16:46
4	Rolf Bøhn	Halden IL	1:09:34 1:09:28 1:09:38	3:28:40	19:31
5	Sjur Tømte	Fredrikstad IF	1:09:36 1:09:29 1:11:38	3:30:43	21:34
6	Tom Sognlien	Fredrikstad IF	1:05:59 1:10:41 1:19:31	3:36:11	27:02
7	Svein Hansen	SK Rye	1:14:57 1:13:49 1:15:00	3:43:46	34:37
8	Kasper Nordmelan	Gjerdrum Fysioterapi &	1:11:39 1:13:26 1:20:06	3:45:11	36:02
9	Terje Svensson	Fredrikstad IF	1:12:39 1:13:52 1:22:56	3:49:27	40:18
10	Bjørn Erik Ramtvedt	CK Øst	1:09:05 1:14:23 1:26:15	3:49:43	40:34
11	Stephen Glen Collier	Atomen BIL	1:17:45 1:16:01 1:19:21	3:53:07	43:58
12	Henrik Aasbø	IK Rindals-Troll	1:20:28 1:20:32 1:25:30	4:06:30	57:21
13	Arild Dammen	NOTEAM	1:34:06 1:38:14 1:56:51	5:09:11	2:00:02

Resultatliste

Fredrikstad Maraton

23.10.2010

Class	Navn	Klubb	Mellomtid	Tid	Etter
Menn 50-54					
DNF	Steinar Basberg	Fredrikstad IF	1:13:06 37:22		
Antall	14	Påmeldte: 16	Startende: 14		
Menn 55-59					
1	Lars Dørum	Skimilajoggen	1:03:45 1:05:21 1:08:30	3:17:36	
2	Lars-Ove Nordnes	Jutul IL	1:03:43 1:08:09 1:10:01	3:21:53	04:17
3	Roger Karlsrud	Moss Maratonklubb	1:11:09 1:13:09 1:27:53	3:52:11	34:35
4	Sigurd Lima	Gjesdal IL	1:12:59 1:18:43 1:25:08	3:56:50	39:14
5	Steinar Angelskår	Fredrikstad IF	1:12:45 1:14:53 1:46:24	4:14:02	56:26
6	Alf Hansen	Moss Maratonklubb	1:15:37 1:23:09 1:54:31	4:33:17	1:15:41
Antall	6	Påmeldte: 6	Startende: 6		
Menn 60-64					
1	Thore Kristensen	Romerike Ultraløperklubb	1:10:26 1:14:13 1:21:07	3:45:46	
2	Pall Baldursson	Torda Bil	1:17:13 1:17:13 1:22:36	3:57:02	11:16
3	Asbjørn Aronsen	Saugbrugs BIL	1:14:32 1:17:06 1:25:34	3:57:12	11:26
4	Lennart Skoog	Stenungsunds OK	1:30:58 1:29:29 1:27:58	4:28:25	42:39
5	Kristian Waalen	Kondis	1:25:44 1:28:15 1:38:56	4:32:55	47:09
6	Svein Jansen	Fredrikstad IF	1:24:19 1:33:57 1:54:03	4:52:19	1:06:33
7	Øistein Ackenhausen	NOTEAM	1:47:11 1:55:43 2:10:55	5:53:49	2:08:03
DNF	Jørgen Gurandsrud	Fredrikstad IF			
Antall	8	Påmeldte: 8	Startende: 8		
Menn 65-69					
1	Arne Hasvoll	Horten Friidretsklubb	1:12:46 1:16:00 1:18:46	3:47:32	
2	Erling Joar Fløttum	Norsk Luftambulans	1:14:31 1:21:17 1:53:41	4:29:29	41:57
Antall	2	Påmeldte: 2	Startende: 2		
Menn 70+					
1	Arne Lundby	Sandefjord	1:31:17 1:39:49 1:47:45	4:58:51	
Antall	1	Påmeldte: 1	Startende: 1		